





**INVITATION TO GALEB SUMMER TAEKWONDO CAMPS 2025** 





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Dear Taekwondo Enthusiasts,

We are thrilled to invite you to the 30th Galeb Summer Taekwondo Camp! For three decades, this camp has been synonymous with top-level training, innovation, and the development of champions.

This year's special edition brings an even richer program, top international coaches, and diverse training opportunities for everyone – from beginners to high-performance athletes.



i July 25 – July 30, 2025

¶ Vrnjačka Banja, Zepter Hotel 4\*

For children (7-10 years old) & recreational practitioners of all ages

Who is it for?

For the first time, we are opening our doors to those who are not yet part of the high-performance program but want to become one!

Discovery Camp is not just for beginners and the youngest but also for more advanced children (7-10 years old) who wish to dedicate themselves seriously to Taekwondo.

New feature − group for recreational practitioners!

Regardless of age, everyone who wants to train Taekwondo recreationally will have separate training sessions and a specially adapted program.

- ♦ Program Highlights:
- Training with Galeb's best coaches Uroš Todorović, Stevan Rašić and other club trainers, along with guest coaches from abroad
- Innovative psycho-motor exercises for proper development
- Games and drills adapted to age to improve coordination, strength, and focus
- Meet and talk (workshop) with Dragan Jović, the three-time best coach in the world, who has trained Serbia's greatest champions, and some of the best fighters in all sports, including Milica Mandić and Tijana Bogdanović
- Prices:
- ⊙ Children (7-10 years): 390€
- & Recreational participants: 430€





#### Includes:

- Full training program
- Accommodation (fb)- Zepter Hotel 4\*
- Transport from Belgrade to Vrnjačka Banja & back
- Camp T-shirt
- 24h medical supervision

## **GALEB SUMMER HIGH PERFORMANCE CAMP (7 Days)**

i July 31 - August 7, 2025

¶ Vrnjačka Banja, Zepter Hotel 4\*

This 7-day camp is a top-level preparation for the competition season. All current trends in the world of Taekwondo will be covered through training in 3-4 different groups, adapted to the level of competitors.

R Coaching Team:

♣ Dragan Jović – 3-time World's Best Coach, 4 Olympic medals, Seyed Khalifeh & Reza Imanzadeh, experienced coaches of Iranian national teams, winners of World, Asian, and Olympic medals

- Additional Activities:
- Test matches with electronic KPNP equipment
- Lectures on Sports Psychology & Nutrition Marija Pavlović & Monika Varga
- For the first time: Coaches' Workshops! A chance for coaches to improve and exchange knowledge
- Special guests Support from top athletes and coaches from around the world
- Workshops with Galeb's strength & conditioning coach, Nebojša Šakić Implementation of new training methods in Taekwondo
- Prices:
- With hotel accommodation full board: 700€
- **↑** Without hotel accommodation: 380€

### Includes:

- Full training program
- Hotel accommodation (full board)- Zepter Hotel 4\* (price with hotel option)
- Transport from Belgrade to Vrnjačka Banja & back
- Camp T-shirt
- 24h medical supervision





## **EXTRA DAYS HIGH PERFORMANCE CAMP BELGRADE (5 Days)**

- 🗓 August 8 August 13, 2025
- ¶ Comtrade Complex, Savski Nasip 7, New Belgrade
- Accommodation NOT included Participants arrange their own stay.
- ♦ For all those who want to extend their preparations, we offer 5 extra training days in Belgrade!
- Exclusive special offer for participants of High Performance Camp!
- Prices:
- FREE for the first 15 registered participants of High Performance Camp (Vrnjačka Banja)!
- Participants from High Performance Camp (Vrnjačka Banja): 100€
- ♦ Other participants: 250€

#### Includes:

- Full training program
- Camp T-shirt (for new participants)
- Medical supervision during training sessions

### **PAYMENT INFORMATION**

- **1** Payment for Camps organized in Vrnjačka Banja available in installments:
- 1st Installment (50%) by March 15, 2025
- Final Installment (50%) by May 15, 2025
- **1** Payment for Extra days Camp in Belgrade could be paid with final instalment or on site
- ⚠ Refund Policy:
- Cancel before April 15, 2025 → Refund of 1st installment minus bank charges
- Cancel after April 15,  $2025 \rightarrow No$  refund of the 1st installment
- After July 1,  $2025 \rightarrow \text{No refunds possible}$
- \*Payment instructions will be provided on a later date.

#### REGISTRATION

Register online at www.galebsummercamp.com

Registration opens: February 10, 2025





**△** DEADLINE for registration cancellations: April 15, 2025

**⚠** DEADLINE for participant replacements: July 1, 2025

## **EQUIPMENT REQUIREMENTS**

- Participants must bring:
- Protective guards (body protector shin, forearm, mouthpiece, gloves, sensor KPNP socks, suspender,)
- -Each pair of contestant should have one HAND TARGET or popular "Iranian targets" and two kicking pads.

ALL PARTICIPANTS must submit a signed waiver of liability form (placed in the end of Invitation) by July 1, 2025 to:

galeb.camp.info@galebsummercamp.com

### **TRANSPORTATION**

- 🚃 Vrnjačka Banja Camps Transport organized from Belgrade to Vrnjačka Banja & back
- Meeting Point: Parking lot in front of Museum 'House of Flowers'
- → Participants must arrange their own transport to/from the airport.

#### **INFORMATION**

You can find responses for most frequently asked questions on our site galebsummercamp.com, and for anything else including registration for camp in Belgrade, you can contact us at email:

- **a** galeb.camp.info@galebsummercamp.com Marija and Marijana
- **②** Don't miss the chance to be part of history! This summer will be unforgettable, filled with top-level training, new experiences, and the celebration of 30 years of success!
- See you at the 30th Galeb Summer High Performance Camp!
- Registrations are open! Secure your spot now! 🌠





## WAIVER OF LIABILITY FORM

I, the undersigned, acknowledge and agree to participate in the □ Discovery Camp (July 25 - July 30, 2025, Vrnjačka Banja), □ High Performance Camp (July 31 - August 7, 2025 Vrnjačka Banja), □ Extra Days High Performance Camp (August 8 - August 13, 2025 Belgrade), organized by TK Galeb, Galeb Sport Events, and their affiliated representatives.
I understand that Taekwondo is a physical activity that carries risks of injury and unforeseent incidents and I accept full responsibility for any personal injury, loss, or damages that may occur during my participation. I acknowledge that participation in training sessions, matches, and other camp activities involves inherent risks, including but not limited to: Physical injuries such as sprains, fractures, concussions, cuts, or bruises. More serious injuries, including permanent disability or paralysis. Material damage to personal property. Fatal accidents due to unforeseeable circumstances. I confirm that I am physically fit and capable of participating in the activities and have disclosed any pre-existing medical conditions that might affect my ability to participate.
By signing this waiver, I accept the risks associated with participation in the Galeb Summer Taekwondo Camps and I agree not to hold TK Galeb, Galeb Sport Events, their staff, trainers or associated parties liable for any physical injuries, material damages, or fatal incidents Furthermore, I agree to indemnify, hold harmless, and release Galeb Sport Events, TK Galeb their executive board members, employees and other representatives from any and al damages, claims, penalties, or liabilities arising as a direct or indirect result of my participation in the Galeb Summer Taekwondo Camps 2025.
I authorize the camp's medical staff to provide necessary first aid and, if required, arrange for emergency medical care. I accept responsibility for any medical expenses that may arise from my participation.
I confirm that I have read and understood the terms of this waiver. I acknowledge that my participation is voluntary and that I sign this form freely.
If the participant is 18 or older:
Participant's Name: Signature: Date:
If the participant is under 18, a parent/guardian must sign:
Participant's Name:
Parent/Guardian Name:
Parent/Guardian Signature:
Date: